### THE 4 ESSENTIAL PILLARS OF CASE MANAGEMENT FOR IDD

Case management helps individuals with Intellectual and Developmental Disabilities (IDD) live fulfilling and independent lives. Vertex's advanced case management systems are designed to streamline workflows, boost efficiency, and improve client outcomes.

Learn more about the 4 key pillars that drive effective case management.

# Pillar 1: IndividualCentered Planning

### Why It Matters:

No two individuals are the same — personalization allows for effective, meaningful care.

### **Key Components:**

- Comprehensive Assessments
- Goal-Setting
- Family and Circle of Support Involvement

## Pillar 2: Coordination of Services

## The Role of Coordination:

- Case managers bridge gaps by connecting individuals to critical resources.
- Build relationships with providers to allow for seamless communication and collaboration.

## Common Challenges:

- Fragmented systems and provider misalignment.
- Solution: Strong partnerships and regular communication.

## Pillar 3: Advocacy and Empowerment

#### **Advocacy in Action:**

- Negotiating accommodations with schools/employers.
- Ensuring access to government programs and benefits.

Speaking against discrimination.

### Empowerment Tools:

- Self-advocacy workshops.
- Teaching independence skills.
- Encouraging active participation in care planning.

## Pillar 4:

Continuous Monitoring and Improvement

#### Why It's Crucial:

 Individuals' needs change over time, requiring adaptable care plans.

### Benefits of Monitoring:

 Track progress, address issues early, and keep care relevant.

By integrating these pillars, IDD agencies can create services tailored to individuals' unique needs. Discover how Vertex can transform case management processes and improve client outcomes.

